Back 2 Basic
By JC Cheng

Jizouku Menu

持続, じぞく

Micro Vegan Restaurant
Gluten Free | Zero Waste | Sustainable Lifestyle

Mon : 10am - 9pm

Thurs - Sun : 10am - 9pm

Get a free cup of coffee whenever you upcycle & repurpose with us !

10% OFF BYO container takeaway !

Free treats for Kids & Pet Dine in !

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abillion FIND YOUR IMPACT

SAY YES TO WASTE LESS · DASH LIVING · zero waste SG · BYO SINGAPORE · barePack · GreenDay · susGain · HappyCow

Organic Sashimi, Sushi, Snack

Signature Otoro Maki Roll (8/16 pcs) — 22/38
signature vegan "sashimi" hand roll maki, house pickles

Signature Caviar Nigiri / Gunkan Sushi — 16 | 4pcs
signature "sashimi" - seasonal, made from transforming vegetables, choice of Uni, Tuna, Otoro,Tobiko, Scallop, salmon, Abalone, Unagi, squid, tamago, Shirako..... (min 4pcs)

Caviar & Sashimi Carpaccio — 14
signature "sashimi" seasonal, tossing with house infused herbs oil enjoy with organic green

Signature Caviar & Otoro Steak — 29
signature Otoro "sashimi" steak on organic green & fruits

Gluten Free Handmade Momo (5/10pcs) — 16/29
handmade GF Dumpling wrap, baby carrot, baby corn, cauliflower, broccoli, mushroom or edamame

House-made Granny's Tsukemono (Pickles) — 9
Kasuzuke, Shoyuzuke, Misozuke, Amazuzuke, Yeon-geun-jorim 연근조림 (lotus), Young Ginger Pickles, Kimchi (choose 3)

NEW **Greek Grape Leaves Wrap (Warak Enab) & Pom Salad** — 19
Ottoman cuisine, Dolmades (Greek) Dolma (Turks) Warak Enab (Lebanese) wrap in grapes leaves, fillings onion, tomatoes, parsley, rice, lemon goes with house vegan mayo/yogurt dip

Shroom Mini Steak — 9
marinated shitake bake with house made pesto (5pcs)

Black Beans Falafel Ball & Dips — 9
house made black beans falafel, beetroots hummus dip / miso baba ganoush / mango mint salsa (5pcs)

Raw Vegan Kale Chips — 9
Organic fresh Kale coated in raw vegan nutty sauce and dehydrated for 12 hours to get the crunchy texture (40g)

Fruity / Savoury Rainbow Paper Roll — 29 | 8roll
Organic colourful fruits & veggies rolling by hand to form delicious and refreshing roll.

Organic Pasta Lover - JC's Handmade GF Pasta

Chef's Handmade GF Noodles / Gnocchi +$5

100% Summer Truffle & Porcini — 49
for truffle lover only, Italian summer truffle and porcini mushroom

Joyce House Kimchi & Tomato — 24
house fermented vegan less spicy baek kimchi, tomatoes, black garlic

Simple & Natural Moringa Kombucha Tahini — 24
homemade tahini, moringa, kombucha, sesame, lemon

Sicilian Caponata Relish — 24
eggplant, carrot, tomatoes, bell pepper, red wine, raisin, sundried figs, sundried guava, sundried apricot

Mac & Cheese — 24
Cashew & almond nuts & kefir vegan cheese & lots of nutritional yeast goes with some veggies in season.

Joyce Fermented Tofu Miso Carbonara — 26
almond carbonara, aged miso, ginger / fermented tofu from Hong Kong

Back 2 Basic Moringa Rocket Pesto — 24
homegrown basil, moringa, roquette, sprouted activated mixed nuts

Vegan Korean Jajangmyeon — 24
Korean black beans jajangmuyeon, meatless dairy free, nuts free

Korean Kimchi Spicy Ramen (Student / Non GF) — 12

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Organic Bread Lover - GF Bread

Black Beans Falafel, Bacon & Cheese Burger — 28
House made plant based patty, house made vegan bacon, house Kale / Nacho chips with kefir herbs mayo & mango salsa

NEW **Very Middle East Mezza Sharing Platter** — 29
Black bean falafel ball, Miso Baba ganoush, Kombucha Mango salsa, beets hummus, kefir Moutabbal / Vegan Mayo / herbs garlic aioli & GF bread

NEW **Just Gluten-Free Panini (Tuna / Vegan Luncheon Meat)** — 26
crispy GF bread, house made vegan mayo dressing, you can choose a handmade luncheon meat / Plant Based Tuna, comes withrefresh salad

Not Ordinary GF Bread & Pesto Dip — 16
GF bread & organic house moringa rocket mixed sprouted nuts pesto

PRE-ORDER **Raw Vegan Cheese, cracker, kale chips & Fioe Gras Platter** — 59
Fermented Raw Vegan Cheese, fermented with cashew nuts, walnuts, macadamia or almond in different flavouring during fermentation. Enjoy with raw vegan kale chips & raw vegan flaxseed cracker, lots of fresh organic salad & fruit, Vegan Foie Gras

NEW **House Made Vegan Fioe Gras & Butter, Cavier & GF Bread Platter** — 39
House made cultured vegan butter, house Foie Gras pate (porcini, shitake, portobello, button, king oyster, Hiratake, Bunashimeji), salad & GF Bread

Organic Rice Lover - Mixed Grain Rice

Japanese Curry — 26
House made GF vegan curry, carrot, mini potato, onion, aubergine, Lion's mane

Insane Rendang & Shitake / Lion's mane — 26
House made vegan rendang, no coconut milk, lion's mane, house pickles, ikon bills, lemongrass, blue ginger, garlic, onion, shallot, krisik, tamarind, gula malaka, house curry powder, cinnamon, house masala powder

Nepalese Buddha Bowl — 26
whatever available from our kithcen, that's the spirit for Buddha bowl

Zen Nepalese Curry — 26
cauliflower, onion, garlic, Nepalese spices, house pickles, ikan bills,

Spanish Baked Capsicum (Baked) — 26
stuff capsicum with caponata relish rice, sit on fermented eggplant dip or baba ganoush salsa / mango mint salsa

Back 2 Basics Signature Organic Fermented Handcrafted Desserts

GF Brownie / GF Waffle, house made raw vegan kefir Ice Cream or sorbet — 19

Kefir Raw Vegan Ice Cream Mochi (limited) — 6/pc
handmade mochi, kefir Raw Vegan ice cream, NO stabiliser, NO emuslifier

Kefir Raw Vegan Ice Cream / Basil Mango Sorbet — 6/scoop | 29 tub
house made kefir Raw Vegan ice cream, NO emulsifier
NO Stabiliser

Raw Vegan Wagashi Nerikiri (limited, GF) — 22/2pc PRE-ORDER
handcrafted signature Japanese confectionery, Raw andplant based, Vemakase (rum chocolate/mango/berr/matcha/masala tea)

Vemakase Raw Kefir Cheesecake (GF Nuts Free) — 19
house fermented plant based kefir cheese, no base, fresh organic fruits, kombucha jam, each cake took 6days to hand crafting (rum chocolate/mango/berr/matcha/masala tea/hojicha)

Raw Vegan Cacao Bonbons (limited, GF Nuts Free) — 5/pc PRE-ORDER
handcrafted vegan chocolates bonbons, buckwheat, pistachio, rum.

Kefir Cream Cheese Persimmons — 10
Korea persimmons & House Kefir cream cheese & Agve

Kombucha Scoby organic fruit rolls / candy — 5/roll, 5 for 6pcs
Komucha, kombucha scoby, organic mixed fruits & Agave

Organic Vegan Drinks & Latte

Signature Almond Coffee (Hand Brew)	8
Signature Organic Green Coffee (Hand Brew - Black)	8
Espresso / Cappuccino / Latte / Mocha | Frozen Frapaccino	8 | 10
Signature Nepalese Masala	8
Organic Black Coffee / Iced Americano	7
Vegan Babyccino	6
Houjicha Latte / Matcha Latte / Chocolate | Frozen	8 | 10
Rose Green Tea / Lemon Ginger Tea	8
Herbal Tea (No Caffeine) : Kazahstan Mushroom Tea / Roobioos Tea / Chamomile / Chrysanthemums / Lemongrass	8
Frozen Rosella Ginger Lemon Tea (House Made)	8

House Cultured & Sparkling

Frozen Vemakase Kombucha Mocktail mango / berry / chocolate / pineapple	12
Frozen Amasai Lassi mango / berry / chocolate / pineapple	12
Amazake Kefir Yogurt Mango / Strawberry / Berry	14
House Fermented Ginger Beer (limited)	10 PRE-ORDER
Rosella Pineapple Tepache' (limited)	10 PRE-ORDER
Sanpellegrino (Rosa /Pomegranate)	10/bottle
Somersby Apple Cider	12/bottle

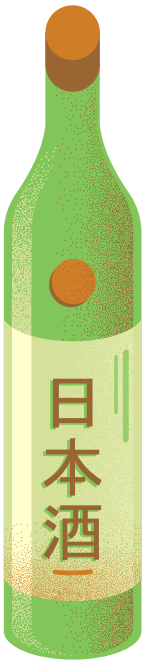
Vemakase = Vegan Omakase, Chef's Choice

Cider

Somersby Apple Cider	12/bottle
Brother Cider	18/bottle

Kombucha Sake Cocktail

Frozen Fruity Cocktail, ginger ale (Vemakase) 18/glass



House Umeshu

Whiskey Umeshu, Okinawa Molases (Limited)	10/shot | 18 on soda
Vodka Umeshu, Okinawa Molases (Limited)	10/shot | 18 on soda
Bundle of 2 glass	30 for 2 glass
Umeshu Soda / on Rock	18/glass

Sake Junmai Ginjo

Nigori, Fukuoka (unfiltered)	39/300ml
K-Next, Miyako, Fukouka	49/300ml
Tokusen Junmai, Fukouka	39/300ml
Chocolate / Osato / Hayashi	80/bottle 720ml

FURY KIDS (PET) CAFE & MENU

TAKE AWAY
ON ALL ORDERS

PET'S DINE IN MENU

KEFIR PUPCAKE / $9.9
Home cultured kefir cheese, papaya, pumpkin, nut butter, 60g

SCOBY FRUIT ROLLS / $9.9
Made Raw with Kombucha Scoby and blended with fresh fruits in dehydrator *60g*

KOMBUCHA RAW BARF / $9.9
Made Raw with fresh fruits, water kefir and kombucha , *60g*

MILK KEFIR YOGURT / $9.9
Home cultured milk kefir (strawberry, mango, original), 200ml

KEFIR CHEESECAKE / $9.9
Home cultured kefir cheese, served with kombucha jam & fresh fruits

PET'S TAKEAWAYS

SCOBY FRUIT ROLLS/ $19.9
Made Raw with Kombucha Scoby starter and blended with fresh fruits! 100g

KOMBUCHA RAW BARF / $19.9
Made Raw with fresh fruits, water kefir and kombucha! 100g

MILK KEFIR YOGURT / $9.9
Home cultured milk kefir (strawberry, mango, original), 200ml

KEFIR PUPCAKE / $19.90
Home cultured kefir cheese, papaya, pumpkin, nut butter , 100g

PET'S BIRTHDAY CAKES

KEFIR CHEESECAKE / $49.9
Home cultured kefir cheese, served with kombucha jam & fresh fruits
4 Inch

BURNT KEFIR CHEESECAKE/$49.9
Home cultured kefir cheese, served with kombucha jam & fresh fruits
4 Inch

TAKE AWAY MENU

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